



PSHE (including RSE) RECEPTION Knowledge Organiser

Summer 2- Growing and Changing

Lesson Themes		Planned Experiences	Vocabulary
SCARF	Seasons	Read <i>Tree: Seasons Come, Seasons Go</i> by Patricia Hegarty. Go on a seasonal walk around the school grounds.	Seasons, spring, summer, autumn, winter, cycle, change, growth.
SCARF	Life stages- plants, animals, humans	Observing life cycle of a frog or butterfly and growing beans or sunflowers. Talking about cycles of change.	Egg, seed, baby, grow, change, old, names for young animals, life cycles.
SCARF	Life stages- Human life stage. Who will I be?	Read <i>Once There Were Giants</i> by Martin Waddell. Sort the ages- Order life stage pictures from young to old.	Baby, child, teenager, adult, old age.
SCARF	Where do babies come from?	Read <i>There's a House inside my Mummy</i> by Giles Andrae. Matching pairs- Match the baby animal with its adult	Seed, egg, baby, adult. Mummy's tummy (womb)
SCARF	Getting bigger	Read <i>You'll Soon Grow into them, Titch</i> by Pat Hutchins. Comparing sizes- Measuring hands and feet and comparing with adults.	Babies, children, adult.
SCARF	Me and My Body- girls and boys	Sing <i>Heads, Shoulders, Knees and Toes</i> . Talk about the parts of the body that we sing about and those that are missed out including private parts . Refer to correct name of private parts and explain that these parts of our body are private, and no one should touch them without our permission. Watch NSPCC PANTS film <i>Pantosaurus</i> .	Penis, testicles, vagina, private parts.

Key Facts and Learning Outcomes

- Understand there are changes in nature and humans.
- Name the different stages in childhood and growing up.
- Understand that babies are made by a man and a woman.
- Use the correct vocabulary when naming the different parts of the body.
- Explain which parts of their body are kept private and safe and why.



Answering Difficult Questions

Why are girls' and boys' bodies different?

Because one day when you are older and if you want to, they are needed to have children.

How are babies made?

A tiny egg from the woman's body and tiny seeds from the man's body are needed to make a baby.

Useful Resources

- Seasons by Hannah Pang
- Alfie's Weather by Shirley Hughes
- The Very Hungry Caterpillar by Eric Carle
- The Growing Story by Ruth Kraus
- And Tango Makes Three by Peter Parnell and Justin Richardson
- Mummy Laid an Egg by B Cole
- The Nanny Goat's Kid by J Willis
- The Family Book by Todd Parr
- Jim and the Beanstalk by Raymond Briggs
- NSPCC Pantosaurus film-
<https://www.youtube.com/watch?v=-IL07JOGU5o>